

# UC Recreation and Wellness

## MINUTES

DECEMBER 2, 2013

9:00 – 10:00 AM

RECREATION AND WELLNESS

MEETING CALLED BY	MEETING OPENED AT: 11:00 am
TYPE OF MEETING	Committee Meeting
FACILITATOR	Kris Kraft
NOTE TAKER	Jamie Parker
ATTENDEES	Mary Cooke, Roberta DePompei, A.J. Fosselman, Becky Gibson-Lee, Mary Jane Grebenc, Kathleen Hurley, Kris Kraft, John MacDonald, Kent Marsden, Jamie Parker  Excused:

## Agenda topics

APPROVAL OF MINUTES FROM LAST MEETING

KRIS KRAFT

DISCUSSION	We will vote on previous minutes at the next meeting due to the transition between secretaries of the committee.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

UPDATE ON E-CIGARETTES AND SMOKING ON CAMPUS

KRIS KRAFT

DISCUSSION	Kris Kraft spoke with John Reilly, and the discussion moved to a campus ban on smoking. Kent mentioned that this may be something that the state must ban, but Roberta DePompei shared the Non-Smoking Policy for the College of Health Professions (CHP) that was approved by the Office of Legal Counsel.
Our committee made on minor amendment to include all tobacco use as well as smoking and discussed promoting this policy among other colleges and the entire campus.	
The committee was asked to research how other campuses have gone smoke free.	
CONCLUSIONS	A motion was made and seconded, and unanimously approved, to take the non-smoking policy of CHP, with friendly amendments, to University Council.

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Each committee member should research how other campuses have gone smoke free.	Each committee member	Next meeting

#### GOALS

KRIS KRAFT

DISCUSSION	Long term and short term goals of our committee were read aloud and discussed. We adjusted them accordingly so they may be presented to University Council.	
John MacDonald discussed the improvements SRWS did to Buchtel field to make it usable for students after the tennis courts were moved there. SRWS had to pay for the work done, which our committee felt needs to be known in our efforts to get more funded for student club and intramural sports.		
CONCLUSIONS	A motion was made and seconded; and it was unanimous to take our goals, with friendly amendments, to University Council.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Kris Kraft will get approval on friendly amendments on the list of committee goals and take to University Council.	Kris Kraft	12/10/2013

#### SPRING SEMESTER MEETINGS

KRIS KRAFT

	The committee was asked to send Jamie Parker our availability for a regular meeting time in spring semester.	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Everyone should send their meeting availability in Spring to Jamie Parker.	Each committee member	

#### WELLNESS WEBINARS

KRIS KRAFT

DISCUSSION	Kris asked Roberta to distribute a flier on campus wellness webinars being offered twice a month beginning on December 13. The committee was encouraged to Participate in the webinars as research on our development of a comprehensive wellness program for UA.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	
Each committee member should try to participate in the webinars being offered on campus wellness programs.	Each committee member	Webinars begin on Dec. 13.	

The meeting was adjourned at 11:55 a.m.